
About Pentecost 1 2022

With Wisdom, who was present in the first act of Creation and a witness to Creation's goodness, we enter the Season after Pentecost. Also known as Ordinary Time, this is the season in the church year when we consider what it means to pick up the mantle of discipleship and move forward, often reframing or redefining what it means to do ministry in today's world. The colour of the season is green, a sign and symbol of life and growth, and this longest season of the church year reminds us that growth may not be as fast as we might hope.

There is something precious about ordinary time. It is a chance to pause and catch our breath, to sit beside a peaceful flowing stream or river, or enjoy the sheer silence and new perspective from a mountaintop view and be renewed and refreshed. On a mountain, Elijah experiences God's presence and care, and from beside a river, he ascends to God. The river is the place where Elisha picks up the mantle of ministry and is the place where Naaman, the great warrior, experiences God's healing grace.

In stories of the prophets Elijah and Elisha, to stories of Jesus' boundary-breaking love and radical hospitality in the gospel of Luke, and records of faith heroes in the letter to the Hebrews, this season beckons us to explore what it means to be disciples in today's world where communities are rebuilding after a pandemic, addressing the climate crisis, and shining a light on racial injustice.



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Instagram: @steveperraultartist.
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Fusion: For the Many Ways We Worship, Learn, and Serve Together

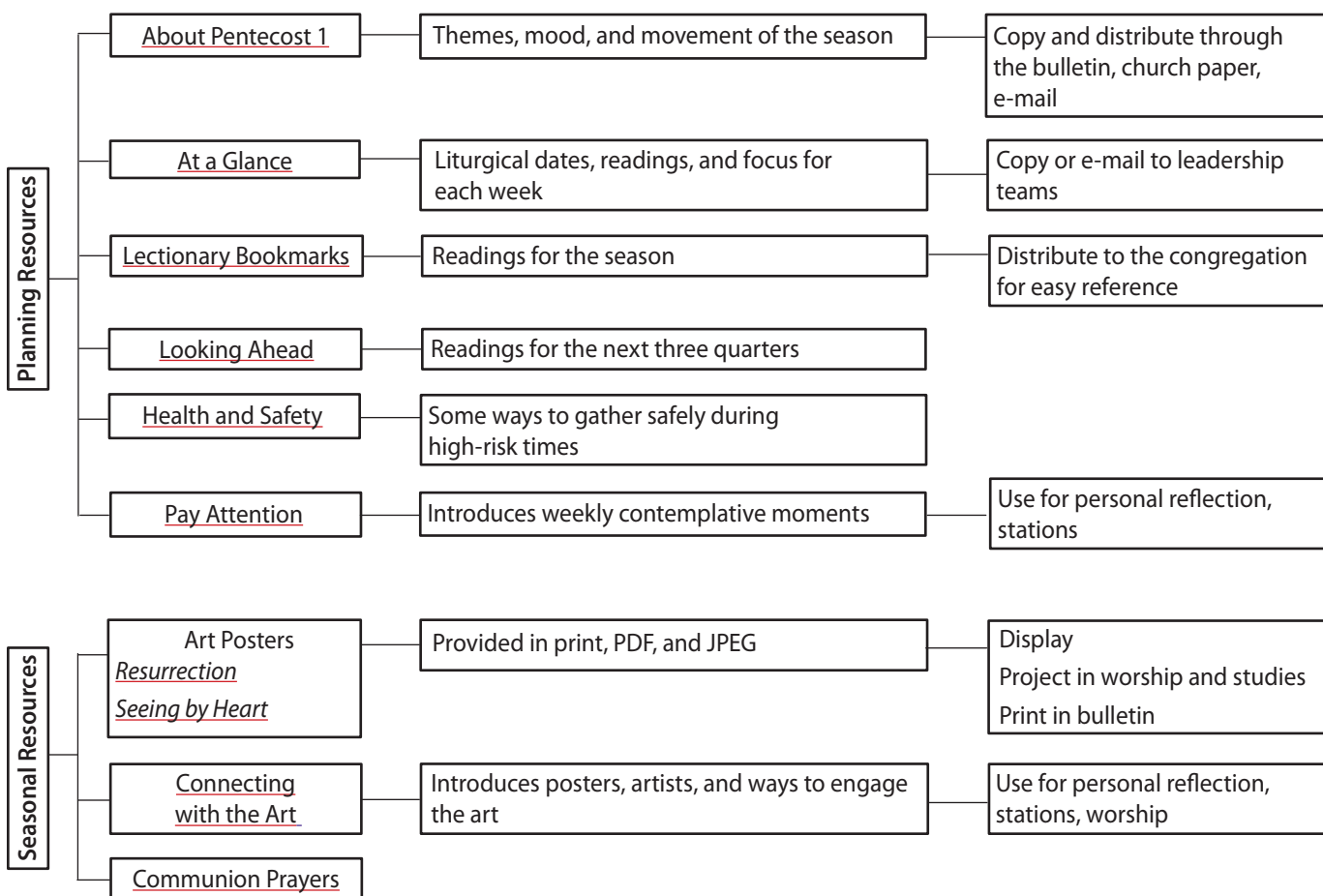
SeasonsFUSION supports congregational life as we worship, learn, serve, and grow together as disciples and communities of faith.

At its heart is the assumption that SeasonsFUSION will serve as a starting point for your congregation to plan and adapt what will work best for you – especially in these times of change when congregations are gathering in church build-

ings, or online and watching from home, or a combination of both.

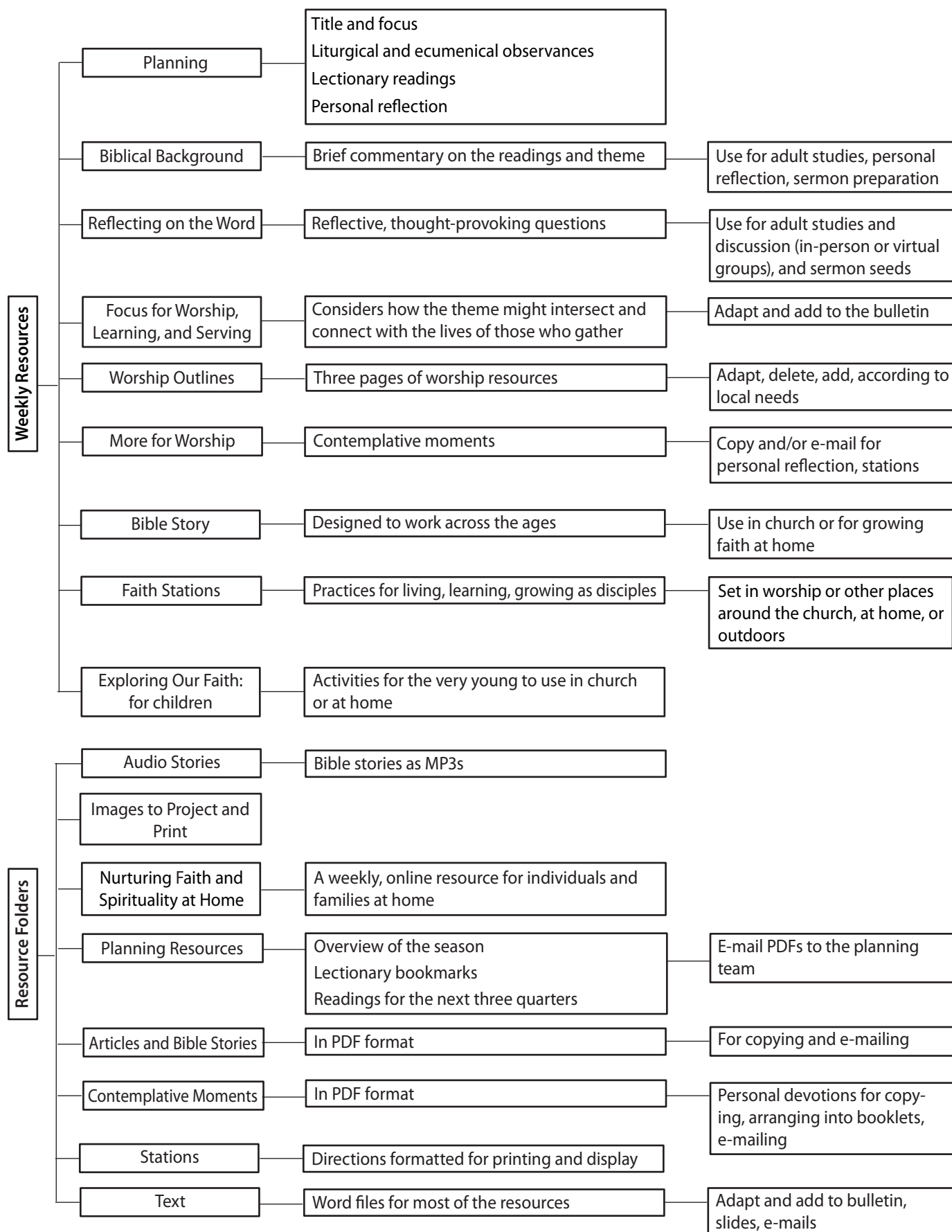
Before the season begins, meet with a planning team to

- Explore weekly themes
- Discern what applies in your context
- Decide settings of Faith Stations (church, at home, sharing online?)



Go to www.seasonsonline.ca for

- *Virtual Resource Booklet* with craft ideas, recipes, patterns, and more
- *Lection Connection* that links current events with weekly scripture. A valuable resource for personal reflection, adult study, and online discussion.



At a Glance – Pentecost 1 2022

At a Glance – Pentecost 1 is also available in the [Planning folder](#).

Date Liturgical Date	Lections (age-level focus is in bold)	Title Essence
June 12, 2022 Trinity Sunday	Proverbs 8:1–4, 22–31 Psalm 8 Romans 5:1–5 John 16:12–15	Joyful Creating On Trinity Sunday, we join Wisdom’s eager dance of joy, and hear Wisdom’s call to care and work toward justice for all God’s creation.
June 19, 2022 2nd Sunday after Pentecost Proper 7 (12) 12th Sunday in Ordinary Time	1 Kings 19:1–4, (5–7), 8–15a Psalm 42 and 43 Galatians 3:23–29 Luke 8:26–39	Healing Moments We meet the prophet Elijah and reflect on how God comes to us in our times of despair, nourishing and sustaining us.
June 26, 2022 3rd Sunday after Pentecost Proper 8 (13) 13th Sunday in Ordinary Time	2 Kings 2:1–2, 6–14 Psalm 77:1–2, 11–20 Galatians 5:1, 13–25 Luke 9:51–62	Pick Up the Mantle We watch as Elisha picks up the mantle of ministry from Elijah. When we pick up the mantle of discipleship, we journey under the Spirit’s guidance.
July 3, 2022 4th Sunday after Pentecost Proper 9 (14) 14th Sunday in Ordinary Time	2 Kings 5:1–14 Psalm 30 Galatians 6:(1–6), 7–16 Luke 10:1–11, 16–20	Power of Compassion We encounter God’s compassionate love through unlikely and unexpected sources.
July 10, 2022 5th Sunday after Pentecost Proper 10 (15) 15th Sunday in Ordinary Time	Amos 7:7–17 Psalm 82 Colossians 1:1–14 Luke 10:25–37	Faithful Action We recognize how care is extended in unexpected ways and strive to act with justice and compassion.
July 17, 2022 6th Sunday after Pentecost Proper 11 (16) 16th Sunday in Ordinary Time	Amos 8:1–12 Psalm 52 Colossians 1:15–28 Luke 10:38–42	Faithful Listening In a story of two sisters, we are encouraged to listen to God’s word of grace and let it shape our everyday lives.



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Date Liturgical Date	Lections (age-level focus is in bold)	Title Essence
July 24, 2022 7th Sunday after Pentecost Proper 12 (17) 17th Sunday in Ordinary Time	Hosea 1:2–10 Psalm 85 Colossians 2:6–15, (16–19) Luke 11:1–13	Faithful Prayer The nature of God's love and compassion assures us of God's readiness to hear and attend to our prayers, and we are inspired to ask and ask and ask again that we might receive (and perceive) what we need.
July 31, 2022 8th Sunday after Pentecost Proper 13 (18) 18th Sunday in Ordinary Time	Hosea 11:1–11 Psalm 107:1–9, 43 Colossians 3:1–11 Luke 12:13–21	Abundant Love Assured of God's rich love toward us, we reflect on how life under the reign of God empowers us to live with an attitude of abundance, secure that we have enough for ourselves and enough to share.
August 7, 2022 9th Sunday after Pentecost Proper 14 (19) 19th Sunday in Ordinary Time	Isaiah 1:1, 10–20 Psalm 50:1–8, 22–23 Hebrews 11:1–3, 8–16 Luke 12:32–40	Dynamic Faith We glimpse the dynamic nature of faith, and consider our call to reflect, learn, and grow from the past for the sake of the future.
August 14, 2022 10th Sunday after Pentecost Proper 15 (20) 20th Sunday in Ordinary Time	Isaiah 5:1–7 Psalm 80:1–2, 8–19 Hebrews 11:29—12:2 Luke 12:49–56	Persevering Faith As we listen to a roll call of those whose faith in God is a model and encouragement, we hear our own call to a faith that acts against the odds.
August 21, 2022 11th Sunday after Pentecost Proper 16 (21) 21st Sunday in Ordinary Time	Jeremiah 1:4–10 Psalm 71:1–6 Hebrews 12:18–29 Luke 13:10–17	Boundary Breaking Love We watch as Jesus calls a woman from out of the shadows, listen as God calls a prophet to step up to the task, and consider how God breaks into our lives, shaking things up and calling us to participate fully in the new life of God's healing reign.
August 28, 2022 12th Sunday after Pentecost Proper 17 (22) 22nd Sunday in Ordinary Time	Jeremiah 2:4–13 Psalm 81:1, 10–16 Hebrews 13:1–8, 15–16 Luke 14:1, 7–14	Radical Hospitality We hear God's call to authentic community, and Jesus paints a picture of an open table where all are invited and where there is enough for all, forever.



Pentecost 1 2022



June 12, 2022

Proverbs 8:1–4, 22–31

Psalms 8

Romans 5:1–5

John 16:12–15

June 19, 2022

**1 Kings 19:1–4, (5–7),
8–15a**

Psalms 42 and 43

Galatians 3:23–29

Luke 8:26–39

June 26, 2022

2 Kings 2:1–2, 6–14

Psalms 77:1–2, 11–20

Galatians 5:1, 13–25

Luke 9:51–62

July 3, 2022

2 Kings 5:1–14

Psalms 30

Galatians 6:(1–6), 7–16

Luke 10:1–11, 16–20

July 10, 2022

Amos 7:7–17

Psalms 82

Colossians 1:1–14

Luke 10:25–37

July 17, 2022

Amos 8:1–12

Psalms 52

Colossians 1:15–28

Luke 10:38–42

The focus scripture for age-level materials in ENCORE is in **bold** print.

Pentecost 1 2022



July 24, 2022

Hosea 1:2–10

Psalms 85

Colossians 2:6–15, (16–19)

Luke 11:1–13

July 31, 2022

Hosea 11:1–11

Psalms 107:1–9, 43

Colossians 3:1–11

Luke 12:13–21

August 7, 2022

Isaiah 1:1, 10–20

Psalms 50:1–8, 22–23

Hebrews 11:1–3, 8–16

Luke 12:32–40

August 14, 2022

Isaiah 5:1–7

Psalms 80:1–2, 8–19

Hebrews 11:29—12:2

Luke 12:49–56

August 21, 2022

Jeremiah 1:4–10

Psalms 71:1–6

Hebrews 12:18–29

Luke 13:10–17

August 28, 2022

Jeremiah 2:4–13

Psalms 81:1, 10–16

Hebrews 13:1–8, 15–16

Luke 14:1, 7–14

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Pentecost 1 2022



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Pentecost 1 2022



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Colossians 3:1–11

Luke 12:13–21

August 7, 2022

Isaiah 1:1, 10–20

Psalms 50:1–8, 22–23

Hebrews 11:1–3, 8–16

Luke 12:32–40

August 14, 2022

Isaiah 5:1–7

Psalms 80:1–2, 8–19

Hebrews 11:29—12:2

Luke 12:49–56

August 21, 2022

Jeremiah 1:4–10

Psalms 71:1–6

Hebrews 12:18–29

Luke 13:10–17

August 28, 2022

Jeremiah 2:4–13

Psalms 81:1, 10–16

Hebrews 13:1–8, 15–16

Luke 14:1, 7–14

The focus scripture for age-level materials in ENCORE is in **bold** print.



Coming up in *Seasons of the Spirit*

Looking ahead...

Focus scriptures for age-level materials in **ENCORE** are in **bold**.

Season of Creation, Pentecost 2 2022

DATE SCRIPTURES

Sep 4	Job 38:1–18 Psalm 104:1–9, 24–26 Ephesians 1:3–10 Luke 5:1–11
Sep 11	Job 39:1–8, 26–30 Psalm 104:14–23 1 Corinthians 1:10–23 Luke 12:22–31
Sep 18	Job 28:20–27 Psalm 29 1 Corinthians 1:21–31 Luke 8:22–25
Sep 25	Proverbs 8:22–31 Psalm 148 Colossians 1:15–20 John 6:41–51
Oct 2	Lamentations 1:1–6 Lamentations 3:19–26 <i>or</i> Psalm 137 2 Timothy 1:1–14 Luke 17:5–10
Oct 9	Jeremiah 29:1, 4–7 Psalm 66:1–12 2 Timothy 2:8–15 Luke 17:11–19
Oct 16	Jeremiah 31:27–34 Psalm 119:97–104 2 Timothy 3:14–4:5 Luke 18:1–8
Oct 23	Joel 2:23–32 Psalm 65 2 Timothy 4:6–8, 16–18 Luke 18:9–14
Oct 30	Habakkuk 1:1–4, 2:1–4 Psalm 119:137–144 2 Thessalonians 1:1–4, 11–12 Luke 19:1–10
Nov 6	Haggai 1:15b–2:9 Psalm 145:1–5, 17–21 2 Thessalonians 2:1–5, 13–17 Luke 20:27–38
Nov 13	Isaiah 65:17–25 Isaiah 12 Thessalonians 3:6–13 Luke 21:5–19
Nov 20	Jeremiah 23:1–6 Luke 1:68–79 Colossians 1:11–20 Luke 23:33–43

Advent, Christmas, Epiphany 2022–23

DATE SCRIPTURES

Nov 27	Isaiah 2:1–5 Psalm 122 Romans 13:11–14 Matthew 24:36–44
Dec 4	Isaiah 11:1–10 Psalm 72:1–7, 18–19 Romans 15:4–13 Matthew 3:1–12
Dec 11	Isaiah 35:1–10 Luke 1:47–55 James 5:7–10 Matthew 11:2–11
Dec 18	Isaiah 7:10–16 Psalm 80:1–7, 17–19 Romans 1:1–7 Matthew 1:18–25
Dec 25	Isaiah 52:7–10 Psalm 98 Hebrews 1:1–4, (5–12) John 1:1–14
Jan 1	Isaiah 63:7–9 Psalm 148 Hebrews 2:10–18 Matthew 2:13–23
Jan 8	Isaiah 42:1–9 Psalm 29 Acts 10:34–43 Matthew 3:13–17
Jan 15	Isaiah 49:1–7 Psalm 40:1–11 1 Corinthians 1:1–9 John 1:29–42
Jan 22	Isaiah 9:1–4 Psalm 27:1, 4–9 1 Corinthians 1:10–18 Matthew 4:12–23
Jan 29	Micah 6:1–8 Psalm 15 1 Corinthians 1:18–31 Matthew 5:1–12
Feb 5	Isaiah 58:1–9a, (9b–12) Psalm 112:1–9, (10) 1 Corinthians 2:1–12, (13–16) Matthew 5:13–20
Feb 12	Deuteronomy 30:15–20 <i>or</i> Sirach 15:15–20 Psalm 119:1–8 1 Corinthians 3:1–9 Matthew 5:21–37
Feb 19	Exodus 24:12–18 Psalm 2 <i>or</i> Psalm 99 2 Peter 1:16–21 Matthew 17:1–9

Lent, Easter 2023

DATE SCRIPTURES

Feb 26	Genesis 2:15–17, 3:1–7 Psalm 32 Romans 5: 12–19 Matthew 4:1–11
Mar 5	Genesis 12:1–4a Psalm 121 Romans 4:1–5, 13–17 John 3:1–17 or Matthew 17:1–9
Mar 12	Exodus 17:1–7 Psalm 95 Romans 5:1–11 John 4:5–42
Mar 19	1 Samuel 16:1–13 Psalm 23 Ephesians 5:8–14 John 9:1–41
Mar 26	Ezekiel 37:1–14 Psalm 130 Romans 8:6–11 John 11:1–45
Apr 2	Liturgy of Palms Matthew 21:1–11 Psalm 118:1–2, 19–29 Liturgy of the Passion Isaiah 50:4–9a Psalm 31:9–16 Philippians 2:5–11 Matthew 26:14–27:66 or Matthew 27:11–54
Apr 9	Acts 10: 34–43 <i>or</i> Jeremiah 31:1–6 Psalm 118:1–2, 14–24 Colossians 3:1–4 <i>or</i> Acts 10:34–43 John 20:1–18 or Matthew 28:1–10
Apr 16	Acts 2:12a, 22–32 Psalm 16 1 Peter 1:3–9 John 20:19–31
Apr 23	Acts 2:14a, 36–41 Psalm 116:1–4, 12–19 1 Peter 1:17–23 Luke 24:13–35
Apr 30	Acts 2:42–47 Psalm 23 1 Peter 2:19–25 John 10:1–10
May 7	Acts 7:55–60 Psalm 31:1–5, 15–16 1 Peter 2:2–10 John 14:1–14
May 14	Acts 17:22–31 Psalm 66:8–20 1 Peter 3:13–22 John 14:15–21
May 21	Acts 1:6–14 Psalm 68:1–10, 31–35 1 Peter 4:12–14, 5:6–11 John 17:1–11
May 28	Acts 2:1–21 or Numbers 11:24–30 Psalm 104:24–34, 35b 1 Corinthians 12:3b 13 <i>or</i> Acts 2:1–21 John 20:19–23 <i>or</i> John 7:37–39

NOTE: Titles for all weeks can be found at www.seasonsonline.ca.

Click on Planning-Overview.



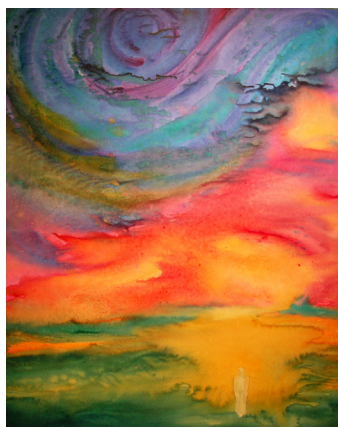
Connecting with the Art – Pentecost 1 2022

Margaret Kyle

What does it mean to live “in sync” with the sacred? It means stepping to the cadence of the sacred, which requires a specific type of courage: the courage to be different, to stand out, to be odd and perhaps even considered a threat by those who find their identity, comfort, and security in the status quo, the conventional.

The good news is that we can do this while conducting our everyday lives. Authenticity is first and foremost a matter of being attuned and responsive to the sacred within – to an instinct, an intuition, a sixth sense, a deep voiceless voice that can be “heard” even in a crowd. This inner guide may at times call us to live apart from others, but it surely summons us to follow a road less travelled; that is, to turn away from conventional wisdom of society, those ways of thinking, believing, and behaving that go unquestioned – busy is good, more is better, success equals wealth. But the sacred invites us to embrace all that comes our way and, at times, to seek that which stretches us beyond our limits.

Tom Stella, *In Sync with the Sacred, Out of Step with the World*, Wood Lake Publishing, 2020



Resurrection by Gisele Bauche.
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www.spiritualityandart.ca.
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Gisele Bauche is an educator, retreat director, and energetic speaker with years of teaching experience in scripture and spirituality. Beginning her studies at Newman Theological College, she went on to earn degrees in theology, religious studies and education from universities in Canada, the U.S., and Israel. Gisele is the author of *Giving Glory to God: Reflections of an Artist*, in which she explores her unique spiritual experience

and seeks to provide a voice for artistic expression.

Art engagement suggestions for individuals or groups

Looking at the art *Resurrection* is filled with movement and colour with waves and swirls of paint that mix and blend together. The top part of the painting spirals with cool blues, greens, and purples. Below that, that sunrise colours of mauves, pinks, oranges, and yellows merge with more

yellows and bright greens. An indistinct figure appears to be journeying on a path of yellow light. It is the dawn of a new day and a journey begun – a resurrection. The movement and figure in this piece of art convey the idea of outward-looking discipleship shaped by all that is happening in today’s world. Name some contemporary disciples this figure could represent, including yourself. Consider ways the ministry of Jesus continues in the world today.

Being “in sync with the sacred” Read the quotation above. Then, recall the gospel stories in Pentecost 1: the Good Samaritan and taking time for those in need (Luke 10:25–37), Mary and Martha and two kinds of discipleship (Luke 10:38–42), teachings about prayer (Luke 11:1–13), living with a mindset of abundance (Luke 12:13–21), breaking the rules for the sake of wholeness for all (Luke 13:10–17), and living lives of radical hospitality (Luke 14:1, 7–14). How does the quotation relate to these stories and how does it encourage people to respond to their own spiritual calling? Through her art, Gisele also strives for authenticity. She says: “My drive is to make art become real through scripture, to make it come alive through my baptismal call, so when you look at my art, I try to make it relate to children, to adults, and to older people. Look at my art and you can see a story.”

What story do you see in her art *Resurrection*? In what ways do you strive to live authentically and be in sync with the sacred?

Paying attention In *The Art of Noticing*, Rob Walker gives 131 ways to spark creativity, find inspiration, and discover joy in the everyday. For instance, in “Connecting with Others,” he encourages interviewing a friend, a loved one, stranger, or even an ideological nemesis. Thinking about this activity through the lens of discipleship, how might you make connections with your wider community, welcome others into your church, show hospitality, and include others, including those from different backgrounds or with whom you disagree? Thinking about the art, *Resurrection*, how might you look outward and connect with others more deeply? This website offers tips: <https://chopra.com/articles/10-ways-to-deepen-your-connections-with-others>.

Mixing colour Using three primary colours (red, blue, yellow) see how many colours you can make. Allow the colours to mix on the paper. Here are two links to help young children understand the process and to give you inspiration: <https://youtu.be/-yVyJB2kKDM> and <https://youtu.be/qJrwNgIYCAY>



It is surely the sacred to which we respond when, instead of judging ourselves or others as selfish because we want a blissful life, we pause long enough to recognize the source of our longing; we are made to have it all. Society tells us to strive for what we desire and that, if we achieve what it values then we should feel settled. But the wisdom of a deeper self invites us to realize that because we are spiritual beings, we will always experience a "holy discontent," a yearning for what is out of reach, a hunger for what is ultimate and infinite. And although a life other than the one we're living may be appealing, that same wisdom suggests that we look deeper within to find the "greener grass" for which we long, the infinite All for which we are made.

Tom Stella, *In Sync with the Sacred, Out of Step with the World*, Wood Lake Publishing, 2020



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Steve Perrault holds graduate degrees in theology, clinical psychology, and art education. He attended Parsons School of Design, NY. He is now a full-time contemporary artist with a work history as a psychotherapist, jail and prison chaplain, and art instructor at the primary, secondary and college levels. He says of his art:

"I create passages of inside-outside space, lightness and darkness, con-

tainment and expansion, screening and distinction. These characteristics and dualities are mediums for personal meditation. I believe art-making demands an inner life. Observing art is an invitation to an inner life. Genuine art leads one to face oneself. As Henry David Thoreau said, 'We are constantly invited to be who we are.'"

Art engagement suggestions for individuals or groups

Looking at the art Where do you see the duality of "inside-outside space, lightness and darkness, containment and expansion, screening and distinction" in *Seeing by Heart*? What do you think is the significance of the red bench in this piece of art and in many of Perrault's artworks? Does the red bench appear on the inside or outside of the structure to you? Why do you think that? How does the quotation at the top of the page from Tom Stella's book relate to the image *Seeing by Heart*?

Metaphors for emotional state Garrett Holg from *ARTnews* writes:

"Perrault's paintings are directly inspired by actual sites. These spaces are intended as metaphors for emotional states. Each work offers a glimpse of an idyllic landscape seen through a single open window."

When you look at *Seeing by Heart*, what emotional states do you feel are being evoked and why? Of the ones you listed, what emotional state do you most relate to right now? If you were to add yourself to the painting, where would you be?"

Reflected light and realism Notice the reflected light in Perrault's painting – the red bench colour is reflected onto the floor and onto the window frame above the bench. The blue sky is reflected on the gray shadow area on the floor and on the window frame outside the window above the bench. These details create a sense of photorealism in Perrault's acrylic paintings. Perrault also creates realism and three-dimensionality through shadows (dark and light areas) and uses a lighter blue at the horizon blending to a darker blue at the top of the painting. Perrault's style is to create a painting that looks real while it is surreal or a mixture of fact and fantasy. Research to find other artists that use photorealism or surrealism in their work. In what way is Steve Perrault's work different in style from the art in *Resurrection* by Gisele Bauch? What style of art do you prefer and why?

Landscape collage (*magazines, scissors, glue, paper*) Using photos from magazines, create a landscape using Perrault's technique of inside-outside space by using windows and doorways in the collage.

"What if...?" questions Perrault's artwork provides a different perspective on a scene and in doing so encourages the viewer to look at life and the world around them in another way also. His artwork invites viewers to open the door/window to new ideas, to simplicity, and to possibilities. What if you began each morning with a "What if..." question? For instance: What if tomorrow I do something new to cultivate my spirit of adventure? What if I celebrate my birthday by learning something that I haven't tried before? What if people looked down on me because of my race or religion? What if all the people in the world worked together to solve the climate crisis? What if churches had no walls or windows but only roofs? What if I have just one chance to tell my friend something I've never told them before? What if it was safe to go anywhere anytime? Brainstorm your own "What if..." questions and write them down.

Margaret Kyle (artist & illustrator) – The Lectionary Story Bible, Year A, B, C, by Ralph Milton and one of the illustrators for *Seasons of the Spirit* published by Wood Lake Publishing, www.woodlake.com.



Pay Attention

Discipleship in a Changing World

The world has experienced major changes and crises over the past few years – a global pandemic, a once-in-a-generation racial justice reckoning, the effects of an ongoing climate catastrophe, a rise in nationalism and authoritarianism, and a surge of disinformation.

As contemporary disciples of Jesus, we need to pay close attention to the dynamics around us and observe the changes in our families, communities, churches, and global society. These changes inform and guide our discipleship. Following in the way of Jesus who responded to the racial and political dynamics of his day, we are called to respond to the changing world around us. How do we show Christ's liberating love in today's world? How are we church? How do we care for one another and all Creation? How do we act for justice?

The great challenges of the global community demand we take action. As we look toward a future of recovering and rebuilding from the Covid-19 pandemic, addressing climate change, and continuing to shine a light on racial injustice, we should embrace opportunities for discipleship:

- Look for the modern-day prophets who show us ways to pursue justice.
- Listen for the Holy Spirit to speak in the busyness of everyday life.
- Prepare for change, for self-transformation, and for God to do "a new thing" among us.

Weekly contemplative moment

Each week of Pentecost 1, there will be a contemplative moment following the worship outline that can be used during personal quiet time, in small-group gatherings, or in worship or stations with slight adaptations. You might copy these pages and assemble them into a booklet or journal to share with others. For people you are connecting with remotely, e-mail the contemplative moment pages along with this introduction (pages available in the Contemplative Moments folder). Use these pages to explore how you, individually or as a church, might respond to God's call to discipleship here, now, in today's changing world.



Practicing Faith: Online and In Person

The way we gather together changed during the COVID-19 pandemic, and these changes continue to shape how we worship, learn, and serve in our communities. Many congregations came together online for worship, Bible studies, prayer times, and other small-group activities. Your community can continue to nurture or even expand these practices:

Virtual gatherings The opportunities are endless for creative use of Fusion materials in virtual gatherings. Biblical Backgrounds and Reflecting on the Word can be used for online study groups and families can be encouraged to set up one of the stations at home. E-mailing materials and meeting on Zoom are also the two safest ways to continue your faith and spiritual practice as a community when you're unable to gather in person.

Note: Most of the *SeasonsFUSION* resources are provided in Word files in the Text folder, which assists in adapting the materials for your context.

Nurturing Faith and Spirituality at Home *Seasons of the Spirit* has developed "Nurturing Faith and Spirituality at Home," a weekly online resource with suggestions for faith and spiritual practices that can be e-mailed to individuals and

families. Each week includes ideas for reflection, links to scripture, videos, and additional readings.

Contemplative Moments During Pentecost 1, each week features a contemplative moment page that can be e-mailed to your congregation before or after worship for further reflection on the weekly scriptures and discipleship theme.

Some suggestions for keeping everyone's health at the forefront of your in-person planning:

In-person worship and stations Above all, follow the safe practices of your congregation and local health officials. Specific to setting up Stations during worship, follow the "Health and Safety Practices" (see below) with suggestions for setting up the space, providing enough supplies to reduce sharing, and thoroughly cleaning spaces and materials.

Outdoor gatherings Follow the safe practices of your congregation and local health officials. Consider using outdoor space for the stations. Set up a station and materials on the porch, entryway, or parking lot of your church and invite members to stop by during the week.

Health and Safety Practices



Basic supplies pens, pencils, markers, crayons, white glue/glue sticks, scissors, hand sanitizer, wipes placed in a basket or bin (enough to reduce sharing), two containers marked "clean" and "used" to separate materials



Setting the space Utilize large spaces where people can maintain a safe physical distance. Spread out chairs around a large table or use tape to mark off the space around stand-alone chairs.



Keep it clean Wipe down and disinfect places used for stations. For stations that use arts and crafts supplies, provide enough to reduce sharing and mark containers "clean" and "used" so materials can be cleaned after use. Remind people to use hand sanitizer as they begin and as they end stations.



Join the conversation and the sharing of ideas in "[Churches of Seasons of the Spirit](#)" Facebook group.



Communion Prayers

Prayer one

For June 12 – July 3

ONE: When we are travelling,

ALL: **God is with us.**

ONE: When we are alone,

ALL: **God comes to us.**

ONE: When we feel weak and unsure,

ALL: **God offers us food for the journey.**

ONE: Loving God,
you who always provide for us
and nurture us:
we give you thanks for the many ways
we experience your presence with us.
From the beginning of time
you have sustained your people
with love and care,
with compassionate healing,
with promises of new and everlasting love.

Regardless of the things we have done,
you still love us.
Your presence and care sustained Elijah
when he was running away in fear.
A young woman brought your healing grace
to a great warrior.
And now you offer us
unconditional and everlasting love,
strength for our journey in faith.

In a time of oppression
you sent Jesus into our world,
to proclaim in word and deed
your love for all people.
Even when the world tried to silence that message,
still you declared it would sound through eternity.
And so, as Easter people,
we gather at this table to have our spirits renewed,
our hearts strengthened,
our longings fed.

*(Continue with the prayer of consecration according
to your tradition.)*

A second prayer

For July 10 – August 28

You:

God of Jews and Samaritans;

God of Mary and Martha;

God who commands sharing;

God who answers the needs of your children.

You:

God of everlasting love;

God of promise;

God of faith;

God of presence.

You:

God of prophets and martyrs;

God of teachers and questioners;

God of hosts and guests;

God of all space and time.

We, your people,
gather here out of love for you.
We gather here in the sure and certain hope
that you hear the cries of all,
and your reach is great enough
that no one is ever beyond
your knowing and loving.

Come to us in this sacred meal.

As we break bread,

may we be reconnected to the Christ.

As we drink from this cup,

may we be strengthened

to go forth in Christ's name,

offering forgiveness and wholeness

to all people.

*(Continue with the prayer of consecration according
to your tradition.)*

