

Gospel Acclamation

Alleluia, alleluia!

We adore you, O Christ, and we praise you,
because by your cross you have redeemed the world.

Alleluia!

SAINT FRANCIS OF ASSISI

4th October, 2026

Gospel

Mtt. 11:25-30

✠ **A reading from the holy gospel according to Matthew**

At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of the Lord

Praise to you Lord Jesus Christ.



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Sentence

Francis, a man of God, left his home and gave away his wealth to become poor and in need. But the Lord cared for him.

Prayer of the day

Father, you helped Saint Francis to reflect the image of Christ through a life of poverty and humility.

May we follow your Son by walking in the footsteps
of Francis of Assisi,
and by imitating his joyful love.

Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Reading

A reading from the book of Job

Job 39:1-18

“Do you know when the mountain goats give birth?

Do you observe the calving of the deer?

Can you number the months that they fulfill,
and do you know the time when they give birth,
when they crouch to give birth to their offspring,
and are delivered of their young?

Their young ones become strong, they grow up in the open;
they go forth, and do not return to them.

“Who has let the wild ass go free?

Who has loosed the bonds of the swift ass,
to which I have given the steppe for its home,
the salt land for its dwelling place?

It scorns the tumult of the city;
it does not hear the shouts of the driver.

It ranges the mountains as its pasture,
and it searches after every green thing.

“Is the wild ox willing to serve you?

Will it spend the night at your crib?

Can you tie it in the furrow with ropes,
or will it harrow the valleys after you?

Will you depend on it because its strength is great,
and will you hand over your labour to it?

Do you have faith in it that it will return,
and bring your grain to your threshing floor?

“The ostrich’s wings flap wildly, though its pinions lack plumage.

For it leaves its eggs to the earth,

and lets them be warmed on the ground,

forgetting that a foot may crush them,

and that a wild animal may trample them.

It deals cruelly with its young, as if they were not its own;

though its labour should be in vain, yet it has no fear;

because God has made it forget wisdom,

and given it no share in understanding.

When it spreads its plumes aloft, it laughs at the horse and its rider.

Hear the word of the Lord.

Thanks be to God.

Psalm 121 — A.P.B.A. Page 360

1 I lift up my eyes to the hills:

but where shall I find help?

2 My help comes from the Lord:

who has made heaven and earth.

3 He will not suffer your foot to stumble:

and he who watches over you will not sleep.

4 Be sure he who has charge of Israel:

will neither slumber nor sleep.

5 The Lord him self is your keeper:

the Lord is your defence upon your right hand;

6 The sun shall not strike you by day:

nor shall the moon by night.

7 The Lord will defend you from all evil:

it is he who will guard your life.

8 The Lord will defend your going out and your coming in:

from this time forward for ever more.

Second Reading

A reading from the letter to the Galatians

Gal. 6:14-18

May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule — peace be upon them, and mercy, and upon the Israel of God. From now on, let no one make trouble for me; for I carry the marks of Jesus branded on my body. May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen.

Hear the word of the Lord.

Thanks be to God.